Armagh Diocesan Lourdes Pilgrimage Now taking names for pilgrims and sick wishing to travel on 12th—17th May. Call Anne on 07736415305.

First Service of Thanksgiving and Remembrance for Patients and Staff who have died in the Southern Trust Area (which includes DHH, CAH, LGH, South Tyrone, various Trust supported residential settings and all Trust support Services) The service will take place on Tuesday evening 21st Feb at 7.30pm in Seagoe Parish Centre, Seagoe, Portadown.

Anam Cara the national organisation that supports bereaved parents, is holding a Bereavement Information Evening on Wed 8th Feb 7:30-9:30 in the Armagh City Hotel. This is a free event open to all bereaved parents. RSVP to info@anamcara.ie before Tues 7th Feb or call 02895213120.

FREE – Mindfulness for Carers programme – Commencing Tues 7th Feb from 6.30pm – 7.30pm for 8 weeks in the Committee Room, Cathedral Road Recreation Centre, Armagh (Sherry's Field). To book a place contact Tracey Powell Tel: 3741 2754 or 3756 4495.

Pro-Life Information Meeting: Precious Life will be hosting an information evening regarding the upcoming elections with advice on candidates and their stance on abortion. This will take place on Tuesday 7th February@7:30pm in the Armagh City Hotel, 2 Friary Road, Armagh. All welcome. For more information contact Precious Life on 02890278484 or email info@preciouslife.com

Lislea Community Association are holding Jiving / Dancing Classes Starting Mon 6th Feb in Lislea Community Centre 8pm - 9:30pm. £2 per person each evening. Light Refreshments served after classes. Everyone Welcome.

NI Blood Transfusion Service next blood donation sessions in St. Mark's Crozier Hall Mon 13th & Tues 14th Feb 1.30pm-4pm & 5.15pm-8pm.

Monastic Contemplative Life Discernment Weekend: Dominican Contemplative Nuns 10th – 12th March We welcome single young women (20-40) to our retreat house and offer the opportunity to experience our life of Prayer. Those who cannot come for full weekend are welcome to join us on Saturday 9.30am-7pm (Early booking advisable as places are limited) Venue: Siena Monastery, The Twenties, Drogheda, Co Louth Contact: Sr Breda OP - siena3@eircom.net or Phone 041-9838524 Pilgrimage to New York A special pilgrimage to New York from Knock 8th-14th May.

For more information please contact Joe Walsh Tours on 0035312410800 or email bronwyn.clinton@ioewalshtours.ie

Monaghan Charismatic Prayer Group Spring Conference 10th-12th Feb. Speakers: Noel Burns, Fr. John Keone & Fr. Jim McManus. Everyone welcome.

Permanent Diaconate: Do you feel called to serve as a Permanent Deacon in the Archdiocese of Armagh? Contact Fr Brian White at 0035342 9322244 or speak with your local priest.

Family Care Adoption Services is seeking to recruit adoptive families for babies and young children. For info T: 028 71 368592. Monday to Friday 9 – 1 p.m www.familycaresociety.co.uk

Society of Saint Vincent de Paul: Vincent's Shop Thomas Street urgently requires good quality furniture, clothes and bric a brac. Furniture can be collected. Shop contact 02837 510922.

Irish classes for all levels St Catherine's College Armagh. Every Wednesday 7pm-8.30pm starting 18.01.17 £30 for 12 week term (£15 concessions). Also, Intensive Irish course and language awareness workshop Athletic Grounds, Armagh Sat 21 Jan 10am - 4pm £10 including lunch. Contact sean@cairdeteo.com

Armagh City Library If you like to knit or crochet, come along to Knit and Natter every Friday from 10:30-12noon. Also, Mindful Colouring starts Mondays from 10:30-12noon.

Cuchulainn Hurling Club News National Draw Tickets available from any committee member (£10 entry) Club Registration & Breakfast Morning in Pearse Og Club - Sun 19 Feb (10am-1pm)



Na Piarsaigh Óga Lotto: 6/14/18/19 No winner. Next weeks Jackpot £2000 **Abbey Lotto: 7/11/16/19** No winner. Next weeks Jackpot £2350 Tullysaran Lotto: 8/9/22/23 No winner. Next weeks Jackpot £900 St Colmcilles GAC Lotto: 14/21/22/24 No winner. Next weeks Jackpot is £1550

\$\frac{4}{5}\$t Patrick's Cathedral Parish **Archdiocese of Armagh** www.armaghparish.net

Office Tel. 37522813

Email: armaghparish@btconnect.com facebook.com/ArmaghParish twitter.com/ArmaghParish St Malachy's T 3751 0516 Cathedral T 3752 2638 SVP Help Line T 07733482604

5th February 2017

Fifth Sunday of the Year

In today's Gospel we hear of two scenarios where salt is concerned: one is that we are called to be "salt of the earth". What salt does for food, Christians are called to do for the world – to give life "taste". You might recall someone who brought "taste" to your own life, encouraging you on your journey, offering hope, a new insight or project, someone you followed and learned from. What gifts did they bring?

The other scenario in the Gospel today is where salt has lost its taste – how can it be restored? You might recall someone you placed great hope in, whether it be a family member, a public figure, a Church leader or politician; someone who had vision and inspired others. Yet the "salt" or the "taste" was lost. We see this all around us in our world, when someone's potential is lost.

There are many situations in our world today where people's light is not allowed to shine. It is controlled, hidden, prevented from being used for the benefit of all because of jealousy or perhaps others are afraid of the consequences. Jesus tells us that these lights must shine, for all, and then we can give glory to God in heaven for the fruits it may produce. To help lights shine and to give flavour to the world is our task today. Another way of putting it might be: how are the effects of our encounter with Jesus Christ evident in our daily lives?

And so Jesus reminds us that we're all called to give a lead, and to show the way forward to the rest of the world. The prophet Isaiah spells out the practicalities of what's involved and he reminds us that we should "share our bread with the hungry and shelter the homeless and the poor, and clothe those whom we see to be naked and we should never turn from our own kin".

The Second Vatican which took place back in the sixties produced a document on the Church and it's called "Lumen Gentium" which means "The Light of the Nations" and the image suggests something attractive that will draw people towards it. The question that's being put before us today is: Do we in our parishes or in our local communities draw people towards us and would people who come to live in our communities today, be impressed by the example that we give in caring for others who are on the edge of society?

The readings clearly challenge us to be a light of unselfishness in the deepening darkness of self centeredness and to be a creator of a Christian community rather than being a consumer. We're all being challenged to be the salt of the earth and to live our lives in such a way "that seeing our good works, people may give praise to our Father in heaven".

> With every blessing Rev Peter McAnenly Adm

RECENTLY DECEASED: Jim Kirk, Timothy Woods, Anthony Digby, Anna Murtagh, Maureen Haugh, Raymond Wilson, Mary Grimley, Willie Harker & Marie Vallely. MONTHS MIND: Kevin Garvey (5th), Philomena Doran (7th), Bridget McGuirk (8th), Patricia McKee (9th)

Weekly collection amounted to £6662.12 & € 147.14.

The Parish Lourdes Group will take up their annual Church door collection at all Masses in the Parish this weekend.

Gift Aid Thanks to all who avail of the Gift Aid Scheme. Gift Aid forms can be accessed on the parish website or by contacting the Parish Office. **Parish Safeguarding** The contact persons for the Parish are Aileen or Maura, they can be contacted at armaghparishsafeguarding@gmail.com or 07895 460797.

Sacristy Any visitors to the sacristy of any church in the Parish **must** sign the visitors book. All requests for prayers and Masses to be arranged through the Parish Office. The list of intentions is sent to the churches on a Friday morning, containing all intentions from the Saturday night vigil Mass until the following Saturday morning. Only Anniversaries and Month's Minds left in the Parish Office 12 noon on Thursday of the week prior to the intention being remembered are guaranteed to be included on the list.

Baptism Course All parents of children being baptised in the parish must attend a short course before the baptism. The course is on the first Monday & third Wednesday of every month. All Baptisms must be booked through the Parish Office.

Adorers required for Adoration Chapel in St Malachy's: Thursday's at 4pm & 11pm and Sunday's at 1pm. Contact Nora 02837 525265

Cathedral Webcam All our Cathedral Liturgies are broadcast live on our webcam. To access our webcam visit our website www.armaghparish.net and click on 'Cathedral Webcam'.

Rite of Christian Initiation of Adults (RCIA) meet each **Tues** @ 7pm in the Synod Hall in the Cathedral. All welcome.

Missionary of Charity House One hour of Sacrament every Wed from 8-9pm

Holy Spirit Prayer Group meet each Tues evening at 8pm in the SVP Centre at Chapel Lane . All welcome!

A celebration of commitment in love A special celebration for all who are living out a commitment in love will take place in St Patrick's Cathedral on **Mon 13th Feb at 7.30pm**. All married couples & couples who have celebrated their marriage in this parish over the past year are invited. We encourage couples who are engaged, those preparing for marriage & all who are living out a commitment in love at this time to attend. We will be joined on the evening by Archbishop Martin. We pray for all who are striving to live out a commitment in love at this time and we encourage all to join for what promises to be a very memorable evening

First Saturday's Devotion When Our Lady appeared to Lucia at Pentevedra, she made a request for the Five 1st Saturdays & gave her great promise to assist at the hour of the death all those who on the 1st Saturday of five successive months go to Confession, receive Holy Communion, say 5 decades of the Rosary & keep her company meditating on the 15 Mysteries of the Rosary. In celebration of the 100 years since the appearance of Our Lady in Fatima, on the first Saturday of each month, Confessions will be celebrated in St Patrick's Cathedral at 9.30am, followed by Mass at 10am & recitation of the Rosary immediately after in Our Lady's Chapel. Please come along and join in this act of devotion in this special Jubilee Year.

Diocesan Launch of the World Meeting of Families will take place in SMA House, Dromantine on Wed 8 Feb at 7pm. Parish representatives are welcome to attend.

Records We ask anyone who has moved house recently to please contact the Parish Office to update their records. Or alternatively if you're new to the Parish or think you might not be registered, please contact us so we can register

Maintenance of Parish Grounds Anyone who prayer, scripture & song before the Blessed may be interested in tendering for the maintenance of the grounds at Tullysaran and Knockaconey Churches during the Spring/ Summer season are asked to contact Caroline at Armagh Parish Office. All tenders are to be submitted no later than Fri 17th Feb at 1pm.

All notices for the upcoming Bulletin must be submitted no later than Tuesday at 5pm - please send them to armaghparish@btconnect.com or leave in the Parish Office.

IMMACULATE CONCEPTION CHURCH, TULLYSARAN

ALL Baptisms & Weddings in Tullysaran must be booked in advance at Parish Office -Novena Mass Monday evening at 7:30pm.

Tullysaran Community Centre Activities this week: Mon 8-10pm: Indoor Bowls; Tues 4-5pm: Irish Dancing; Tues 7-8pm: Corebox; Tues 8.15-9pm: Spin (fully booked); Wed 10.30-12pm: Parent/ Toddler Group; Wed 7-8pm: Pilates; Thurs 6.30-7.30pm; Total Body Workout & 7:30-8-30 Traditional Music Classes. AGM will take place Sun 19 Feb at 10.45am in Community Centre. We

would invite all members of the community to attend.

CHURCH OF ST. COLMCILLE, KNOCKACONEY

Bookings All Weddings & Baptisms must be booked in advance through the Parish Office 37522813.

Armagh Parish Trip June 2017 Booking Open! Following on from the success of the Parish Trip to Ballina last year, another Parish Trip will take place from **Mon 5th - Thurs 8th June**. Those who travel will be based for the three nights in the 4* Hotel Westport in Co Mayo, During the few days, the trip will include visits to Achill, Clifden, Kylemore Abbey and other places of interest. Further details about the trip and booking at Armagh Parish Office.

Confirmation Pledge At the Ceremony of Light on Thurs 2nd March, all P7 Pupils will have an opportunity to take the Confirmation Pledge & make the commitment to abstain from alcoholic drink & drugs until they are at least 18 years old. The issue of alcohol & drugs has become a big issue in society & the decision whether to take alcohol and/or drugs during ones teenage years will have a major influence on the rest of ones life. Alcohol/drugs could be the obstacle to someone achieving their hopes and dreams. In the coming weeks, members of the local PTAA Group will be visiting the Primary Schools in our Parish to encourage young people to seriously consider making this commitment & taking the pledge. Parents are encouraged to discuss this with their children. In becoming a Youth Pioneer, the person is joining a family of like minded young people who have made the decision to say no to alcohol/drugs until they are 18.

What are you planning for Lent? Armagh Parish Holy Spirit Prayer Group are running Life in the Spirit Seminars at 8pm each Tues between 14th Feb-4th April in the SVP Centre. In the Seminar you can take steps which will allow Jesus Christ to establish, restore or deepen a relationship with you. We welcome you to join us.

Sale of hand crafted articles Hand crafted olive wood articles (Crosses, Rosary Beads, Nativity Cribs and Statues) will be on sale after Masses in St Patrick's Cathedral & St Malachy's Church on the weekend of Sat 25th & Sun 26th Feb. All proceeds from the sale of the articles will help support Christians in the Holy Land.

Cuan Mhuire to host Triduum in honour of Our Lady of Lourdes The annual Triduum will take place from Thursday 9th Feb-Sat 11th Feb at Cuan Mhuire, Dublin Road, Newry. Mass will be celebrated on Thursday & Friday evenings at 8pm with Rosary at 7.30pm. As the Feast of Our Lady of Lourdes is on the Saturday, the Rosary will be recited at 10.30am, Mass will be celebrated at 11am & with it being World Day of the Sick, the blessing of the sick and the infirm will take place during the Mass. All are welcome to join for the annual Triduum of Prayer.

St. Pio's Prayer Group are gathering on Thurs 9th Feb in St. Malachy's at 7:30pm. St. Pio Relic available after Mass. All welcome.

RISE Youth Group All 1st - 5th years welcome to a new youth group every second Saturday in the Gatelodge starting 11th February. Fun, Faith & Friendship! 7.30pm - 8.45pm Contact Aoibhin McNeill in the Parish Office

Pioneer Lenten Challenge Many people abstain from alcohol for the duration of Lent. Why not take the short term pledge? Contact your local pioneer centre representative Stella: 38891002 or Brian 37524853.

Annual Ceremony of Light for all P7 pupils & their parents will take place in St. Patrick's Cathedral on **Thurs 2nd March** at 7:30pm. Please note this date as this is an important evening of preparation for the young people who are preparing to celebrate the Sacrament of Confirmation.