

Cuchulainn Hurling Club Breakfast Morning and Club Registration 2018 - Sunday 11 February 10am - 12noon in Armagh Harps Social Club

Mary's Meals desperately need metal spoons and biro pens! Items can be left in our centre in the old clinic, Dobbin St. on Tues or Thurs afternoons, or can be left in the baskets in St. Malachy's & the Cathedral. Please spread the word! Thank you!

St. Pio's Prayer Group on **Thurs 15th Feb** in St. Malachy's Church at 7:30pm. St Pio Relic available after Mass. All welcome.

Accord Marriage Preparation Courses Due to demand marriage preparation courses need to be booked at least 10 months in advance. Book your course online at www.accord-ni.co.uk or phone Kate on 028 38 334781.

Archdiocese of Armagh Annual Pilgrimage to Lourdes Anyone wishing to travel with the pilgrimage either as a pilgrim or assisted pilgrim you are cordially invited to contact Ann Gray 07736415305. Cost €720 + single room supplement. **12th-17th May 2018**. Assisted Pilgrims please submit names ASAP as there are limited places available. Closing date 12/02/1018. Annual Church Door Collection will take place at all Masses on weekend of 3rd February.

Armagh Parish Holy Spirit Prayer Group Life in the Spirit Seminars will take place each Tuesday in the St. Vincent de Paul Conference Centre, Chapel Lane at 8pm

THIS WEEK: 6th Feb - God's Love with Fr. Thomas Mc Hugh

13th Feb - Salvation with Vincent Costello

20th Feb - The New Life with Carmel Horan

27th Feb - Receiving God's Gift with Archbishop Eamon Martin

6th Mar - Baptism in the Holy Spirit with Fr. Gerry Campbell

13th Mar - Growth with Patricia Kelly (testimony also from Martin)

20th Mar - Transformation in Christ with Fr. Owen Gorman

Rally to "SAVE THE 8TH" a massive pro-life Rally will be held in Dublin on Saturday **10th March**. Join thousands from across Ireland in support of the 8th Amendment of the Irish Constitution that protects unborn babies. Coaches travelling to the Rally from towns across Northern Ireland. For further details please contact the Rally for Life Committee on 02890278484 or click on www.rallyforlife.net

Pilgrimage to Medjugorje for 7 nights from Dublin. Wed 15th Aug. Accompanied by Fr John Mc Keever. £579 – deposit of £80 secures seat. Contact Martin 07889186915/Lucia 07926132847 for info.

St Joseph's Young Priests Society next meeting on **Wed 7 Feb** in SVP Centre, Chapel Lane after 7.30pm Mass in St Malachy's Church. New Members welcome.

Armagh Harps Gaelic Football and Fundamentals for boys and girls, starting from Tues 6th Feb in St Patrick's Grammar- Nursery, P1 and P2 from 6-7pm, P3 and P4 from 7-8pm. All new players are welcome.

Valentine's Ball at The Priory in aid of Hospice **Sat 17th Feb** in Benburb Priory at 7.30pm includes drinks reception, three course meal and music by the '3rd Wheel Band'. Everyone welcome. Tickets £49 available from Benburb Village Store or from 'The Bottle of Benburb'.

St. Brigids Camogie Club Training U6 & U8's Tuesdays @ St. Patrick's P.S. 6-7pm; U10's Christian Brothers P.S. Thursdays 6-7pm; U12 St. Patrick's P.S. Tuesdays 7-8pm; U14 Sherries Field 3G Pitch Tuesdays 6-7pm & Sherries Field Grass Pitch Saturday 11:30-12-30am £2 per session.



St Patrick's Cathedral Parish

Archdiocese of Armagh

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Cathedral T 3752 2638

SVP Help Line T 07733482604

Safeguarding T 07895 460797

SVP Shop T 07518909929

4th February 2018

5th Sunday of the Year

Reflection

There are times when we might be able to relate to Job's sense of weariness as described in today's first reading: "Is not life on earth a drudgery?"; "assigned to months of misery"; "troubled nights"; "restless until dawn"; "my life is but a breath". Renowned more often for his patience, Job, in this instance, seems to be overwhelmed with the burdens of life and he complains bitterly to the Lord. He reminds us that the prayer of lament is legitimate and honest – it is good to pour out our souls to the Lord.

In the Gospel, St Mark gives us a description of a typical day in the life of Jesus. Here too, there is a sense of Jesus being overwhelmed by the demands of people and the urgency of proclaiming the Kingdom of God. Jesus appears to be under enormous pressure: constantly on the move, dealing with crowds of people, attending to their many needs and responding to their requests for healing of body and spirit while silencing the devils because they knew who he really was. It's interesting, however, to note that in the midst of his heavy schedule, Jesus takes time to attend to his own inner needs. "Early in the morning, long before dawn, he goes off to a lonely place to pray". In the half-light of day, we observe the God-Man in prayer. This contact with the Father is undoubtedly a much needed source of energy and inspiration that gives the ability to fulfil his mission.

We too must turn regularly to the Lord so that he can replenish our spirits and nourish our hearts. "Lord, we know who you are; we come to you in the grey light of dawn; in the blistering heat of noontide; and when the world is weary at nightfall and we know that you are attentive to our cries".

Today's psalm also expresses the praise that is due to God as the source of all healing. The response is particularly appropriate: "**Praise the Lord who heals the broken-hearted**". It's helpful to remember that in praying this psalm or any psalm, we are never on our own. In this psalm, Jerusalem represents the Church. So we are asking that the Lord will **build up** the Church: that **the exiles**, those who have drifted away from religious practice, will return to their baptismal homeland and that all emotional **wounds** will receive proper attention.

With every blessing,
Rev P McAnenly Adm

RECENTLY DECEASED: Eileen Tierney, Jim Devlin, Mary Quigley, Kathleen Toal, Margaret Basketfield, Patsy McShane, Jim Kearney, Michael Dandy,

MONTHS MIND: Tony Smith (4th) & Ann Tennyson (9th)



Na Piarsaigh Óg Lotto: 6/11/16/24 No winner. Next weeks Jackpot £1400

Abbey Lotto: 4/6/19/20 No winner. Next weeks Jackpot £3000

Tullysaran Lotto: 10/17/19/20 No winner. Next weeks Jackpot £2000

St Colmcilles GAC Lotto: 11/14/18/21 No winner. Next weeks Jackpot is £550

Weekly collection amounted to £6236.83 & €153.43

The Parish Lourdes Committee will take up their annual Church door collection at all Masses this weekend to help bring sick pilgrims to Lourdes later this year.

Parish Safeguarding Reps are Aileen & Maura. Contact: tel. 07895 460797 or email at armaghparishsafeguarding@gmail.com

Requests for Prayers/Masses to be arranged in the Parish Office. Only Anniversaries and Month's Minds left in the Parish Office by 12 noon on the Thursday of the week prior to the intention being remembered are guaranteed to be included on the list.

Baptism Course All parents of children being baptised in the parish **must attend** a short course before the baptism. For info & booking contact the Parish Office.

Adoration Chapel Adorers needed to cover: Mon: 8am; Wed: 11pm; Fri: 11pm; Sat: 5pm. Please contact Nora 37525265

Rite of Christian Initiation of Adults (RCIA) meet each **Tues @ 7pm** in the Synod Hall. All welcome.

Parish Records Help us keep our system up-to-date by letting us know your change of address! If you've changed your address in the last year or are planning to soon, please call Claire in the Parish Office on 37522813

JOY Youth Group All young people aged 16-30 are welcome to join each Thursday at 7pm in the Cathedral Gate Lodge.

The Do this in Memory Programme will continue in St Patrick's Cathedral on **Sat 10 Feb** at 7pm for all Primary Four Pupils and their parents.

Camino 2018 Interested in walking part of the Way of St. James towards Santiago de Compostela? **25th Sept—2nd Oct 2018**. For further details contact the Parish Office.

Armagh Parish Trip to Wexford will take place from **Mon 4th - 7th June**. Booking in the Parish Office. Cost: £235 per person sharing, or £310 for a single room. Deposit: £50 (non-refundable) must be paid at time of booking in the Parish Office.

Temperance Sunday next weekend we celebrate Temperance Sunday. We pray for a greater spirit temperance in our world. As we approach the Season of Lent, let's ask ourselves, how can I be more temperate in my daily living?

World Day of the Sick A special Mass for the Sick and those who care for the Sick will be celebrated on Sunday 11 February in St Patrick's Cathedral at 5.30pm. During the Mass, the Rite of Anointing will take place. All are invited to join for this special celebration.

Trocaire Boxes are now available at the back of the Churches in the Parish. Please take one and help support Trocaire during the Lenten Season.

OFFICIAL FAMILY PRAYER FOR WORLD MEETING OF FAMILIES 2018

God, our Father, We are brothers and sisters in Jesus your Son, One family, in the Spirit of your love. Bless us with the joy of love. Make us patient and kind, gentle and generous, welcoming to those in need. Help us to live your forgiveness and peace. Protect all families with your loving care, Especially those for whom we now pray: [We pause and remember family members and others by name]. Increase our faith, Strengthen our hope, Keep us safe in your love, Make us always grateful for the gift of life that we share. This we ask, through Christ our Lord, Amen

Mary, mother and guide, pray for us. Saint Joseph, father and protector, pray for us. Saints Joachim and Anne, pray for us. Saints Louis and Zélie Martin, pray for us.

Ash Wednesday 14th February
The beginning of Lent and a day of fast and abstinence. Ashes will be blessed and distributed at all Masses.

Mass Times:
St Malachy's - 7am and 7.30pm
St Patrick's Cathedral - 9.15am and 11am.
Tullysaran 10am and 7.30pm
Knockaconey - 7.30pm.

Lenten Masses: St Malachy's 7am & 7.30pm (Mon - Fri), St Patrick's Cathedral 10am.



IMMACULATE CONCEPTION CHURCH, TULLYSARAN

ALL Baptisms & Weddings in Tullysaran must be booked in advance at Parish Office

Novena Mass The Novena Mass on Monday at 7:30pm.

Children's Liturgy Group continues each Sunday at 10am Mass.

Community Centre Mon Indoor Bowls. 8-10pm; Tues Baby Massage Class 10.30-11.30am, Corebox. 7-8pm Spin Class 8.15-9pm; Wed Parent Toddler Group 10.30am-12, Pilates. 7-8pm; Thursday mum & daughter class 6.30-7.30pm, music 7.30-8.30pm, Couch to 5K every wed & fri @6.30pm. St Patrick's Ceili club will hold a Ceili in Tullysaran Community Centre on Sat 10 Feb 9.30-12.30pm

Tullysaran Music Classes take place on Thursday evening. Singing 6:30pm-7pm; Tin Whistle 7:30pm (Beginners) & 7:30pm-8pm (Intermediate); Fiddle 7:30pm—8:30pm. All welcome.

CHURCH OF ST. COLMCILLE, KNOCKACONEY

Grange Ladies We have football for Senior, U16 & U12 teams this 2018 season, all new players welcome. The 'Ireland Lights Up' walking track will be lit up for the next 6 weeks from 7pm - 9pm

Minor Boys training every Monday night.

Lenten Retreat Day will take place in SVPCentre on **Tues 27 Feb** from 10.30am - 1.30pm. It will be a day to step aside from the busyness of life, to reflect & to pray. Continuing our preparations for the World Meeting of Families, time will be given to reflecting on the gift of family & praying for the protection of family life. The day will be led by Sr Anne Lyng, Diocesan Pastoral Coordinator. Tea/coffee & a light lunch will also be provided. Booking at Parish Office

Lenten Evenings of Prayer & Reflection As we continue to prepare for the World Meeting of Families, two special evenings will take place for all Ministers of Word & Eucharist in The Synod Hall. The evening for Ministers of Eucharist will take place on **Tues 20 Feb** & the evening for Ministers of Word on **Tue 6 Mar**. Both at 8pm. All involved in these Ministries are asked to attend. Anyone interested in volunteering for these ministries is asked to contact the Parish Office.

An invitation to all engaged couples As we approach the feast of St Valentine, all engaged couples are invited to join at the 12noon Mass in St Malachy's Church, Armagh on **Sun 11 Feb** for a special blessing. Families and the wider parish community are invited to join. The celebration will help couples to look forward to their wedding day and realise that the sacrament of marriage isn't "a single moment" but "a reality that permanently influences the whole of their married life". (The Joy of Love)

Armagh Pioneer Centre Many people abstain from alcohol and take the short term pledge for the duration of Lent. Make your Lenten pledge by contacting Stella—38891002 or Brian—37524853.

CUMANN SEANCHAIS ARD MHACHA: Lecture on 'Armagh County Museum - 'A local source for local history' by Sean Barden in Cardinal Ó Fiaich Library on Wednesday 7th February at 8pm. All welcome. (NOTE: Journal launch in Ó Fiaich Library is deferred until Wednesday 28th February)

Mass of Remembrance The Southern Health and Social Care Trust is hosting a special service of remembrance for patients, clients and staff who have died on **Tuesday 20th February** at 7.30pm in Seagoe Parish Centre, Portadown.

SVP Pancake Tuesday Coffee Morning will take place in the SVP Centre, Chapel Lane on **Tues 13th Feb** 11am-1pm. The SVP Team would like to thank you for your continued support throughout the year, and we look forward to seeing you at this event!

Parish Envelopes the new envelopes for the coming year are being prepared at the moment. Anyone or any family not receiving a box of envelopes and wishing to do so is asked to make contact with the Parish Office. It's only by using a Parish Envelope that the Parish can claim Gift Aid on ones giving. We encourage all parishioners to register and to use their parish envelope to support their parish community.

Gift Aid Thanks to all who avail of the Gift Aid Scheme but we are keen to increase the number of contributors within the parish. Gift Aid means that for every £1 given through the envelope collection, the parish can claim an additional 25 pence from the Inland Revenue, as long as you pay Income Tax and sign a declaration form, permitting the parish to claim. Gift Aid forms can be accessed on the parish website or by contacting the Parish Office.

All notices for the upcoming Bulletin must be submitted no later than Tuesday at 5pm - please send them to armaghparish@btconnect.com or leave in the Parish Office. Due to a high volume of requests we cannot guarantee that notices submitted will be published in the Parish Bulletin.